

## Lucky Star, Jane Powell, Receives the Hiking Triple Crown

The founder of our Herland Hikes, Jane Powell, recently received recognition for completion of the Triple Crown of hiking, successfully backpacking more than 7000 miles on three long distance trails over the last sixteen years. Her completion this fall of the Appalachian Trail added to her hikes of the Pacific Crest Trail in 1993-94, and the Continental Divide Trail in 2000-2001 made her the twelfth woman – and first Oklahoman – to attain Triple Crown status. The Triple Crown was awarded to her in a ceremony at Donner's Pass in October by the American Long Distance Hiking Association – West. Kathy Faulks, a friend from England known as Wandering Star on the trails, received her Triple Crown at the same ceremony, the first British woman to achieve the award. Wandering Star met Jane on the Appalachian Trail in 1988, when they both began this endeavor. Most of the three trails they walked together, so Wandering Star waited to receive her award until Jane, too, had earned the Triple Crown.

This recent Appalachian Trail hike was, though, a solo hike. Jane, who uses the trail name Lucky Star, had hiked most of the Appalachian Trail in 1988, but to ensure completing every step of the walk, began her trip this year at Marion, Virginia, the day before Easter. At first, the miles and weather tormented her, and she summed up the beginning of the trail with the word DESPERATION. Having hiked extensively, Jane had decided there was no need for a stove this trip. While she was on the Continental Divide Trail, she had encountered a couple of guys who were eating nothing but peanut butter and honey sandwiches. Ever since, she has thought that leaving off the stove, fuel and cook pot would be a great way to reduce the weight she needed to carry. Crackers, granola bars, cheese, and other cold food seem adequate. Especially when supplemented with green stuff along the way. In the spring, she found and ate violets, chickweed, mustards, field cress and even ramps, a strong and unmistakable leek found in West Virginia and western Virginia.

The Appalachian Trail is much more social than the Continental Divide or Pacific Crest Trails. Plenty of hikers out, most of the intimidating variety – young, long-legged, strong, fast (and

usually male). That part may be discouraging, but there's always the gossip – what young man is keeping company with what young woman, whose pack is overweight with bottles of alcohol, and what injuries are slowing whom. The Lost Boys, Swiss Miss, Colorado Dave, MoonPie, Footloose, and Captain Hook were just some of the folks out there.

Once desperation faded away and strength returned, Lucky Star found herself making up to twenty-five miles a day, her mantra "good feet, strong legs, good back, strong feet, good legs," carrying her through. That and support from old friends and new, especially those known as trail angels, people who take interest in long-distance hikers and offer them food, rides (to and from town, not along the trail!), showers, and other treats.

Lucky Star found herself famous among thru-hikers for her bear encounter. One night, in Pennsylvania, she had settled into her sleeping bag and bivy sack which wraps around her tightly, beneath her tarp. She had decided against carrying an actual tent to keep the weight down, and the bivy had adequate netting against the insects. About a half hour into her sleep cycle, she felt something warm and heavy at her feet. Without fully awakening, she kicked at it. Next thing she knew she was flying through the air, her bivy sack being dragged across the ground – by a bear. She screamed at it, but couldn't escape the bivy sack. The ride lasted about 35 feet – the next day she noticed bruising on her arms, probably from hitting against rocks. When the bear stopped, she struggled to free herself from the sack, ripping it even more than the bear already had. She reached down on the ground for things to throw, and boldly flung leaves and twigs towards the creature.

She didn't sleep the rest of the night, huddling on her sleeping pad with her sleeping bag wrapped around her. The bear came back and charged – a false charge that petered out. She yelled and scared it off. Then it came back again and charged to the same result. The adrenaline wouldn't let her sleep by then.

Though the bear encounter was her most dramatic moment, the Trail was thick with challenge along with the beauty. Bugs, poison ivy, unlimited cicada. Burning sun, aching legs, slippery rocks, rain that goes on for days, yet there is the beauty. As her letters told: "Misty, deep woods... lush... with a deep and musky smell." "Fitzgerald Falls which is wild and beautiful."

"...wonderful views of the Hudson River Valley. On clear days, the NYC skyline is also apparently visible..." and at least once "I am exactly where I want to be."

The courage and commitment to live the life we are called to is part of the feminist ethic we all embrace. Jane Powell, Lucky Star, has shown us how it's done.

Deborah Dukes

### THE SOBER TRUTH

On exhibit at Herland through December

website of the month

AfterEllen.com

## Odds and Ends

According to news from Fox23 in Tulsa, two top executives of Chesapeake Energy, based in Oklahoma City, gave \$500,000 each to Club for Growth.net and Americans United to Preserve Marriage in the last weeks of the **Brad Carson/Tom Coburn** Senate Race. The money was used to run ads painting Carson as a liberal who would support gay marriage. If only!

**Alberto Gonzales** has been named by Bush as his choice for US Attorney General, the post being vacated by John "Cover Her Breast" Ashcroft. Gonzales penned the famous 2002 memo advising the Administration that in the new war on terror some of the provisions of the Geneva Convention concerning questioning of enemy prisoners had been rendered quaint and obsolete. Some suspect that this contributed to the weakened US policy on torture and led to the mistreatment and scandals at Abu Ghraib. Expect Mr. Gonzales to be a rigorous advocate next year for extending the provisions of the Patriot Act giving a wartime president privileges to suspend privacy rights and normal detention procedures.

Speaking of detention, 550 suspected al-Qaeda and Taliban operatives have been kept at the US military base in **Guantanamo Bay**, Cuba for three years now without any charges brought against them. A Supreme Court ruling in June allows them to challenge their detentions in federal court. The Bush Administration says they should not be allowed any legal help in filing those challenges.

W's brother Jeb has said that his state, Florida, does not need a constitutional amendment banning gay marriage. Is anyone listening?

The worldwide Anglican Church continues to pressure the affiliate US Episcopal Church to "express regret" over the consecration of **Bishop Gene Robinson**, who lives openly gay with his male partner. Sorry, no can do!

## YWCA Rape Crisis Center

The YWCA Rape Crisis Center provides a full range of services to help the primary and secondary survivors of sexual assault regain control over their lives. If you would like to help, here are several ways:

- Become a YWCA Hospital Advocate—Volunteers are trained to go to the hospital and provide the survivors with support, information, clothing, food and encouragement.
- Donate clothing for sexual assault victims—Frequently the victim's clothing must be left at the hospital so that it may be used as evidence at trial. Clothing and shoes are needed so that the woman has something to wear home when she is released from the hospital. (You can drop off donated clothing for sexual assault victims at Herland throughout the month of December and we will deliver it to the YWCA.)
- Volunteer at the YWCA Center—Volunteers are needed for many of the daily functions of the center. Besides the Rape Crisis program, the YWCA provides support for women and children who are victims of family violence, counseling, and prevention activities.
- Donate Toys for Children at Passageway this Christmas—Non-violent toys, for children ages 3 months to 16 years, are needed for the YWCA Passageway Shelter. Passageway is the only shelter in Oklahoma City exclusively for women and children who are victims of domestic violence. It is an emergency shelter and provides help in obtaining legal services, medical care, child care and advocacy services for up to two months. (Drop toys at Herland also and we will deliver to Passageway for the holidays.)



Call 947-4506 to find out more.

## Liberals Fleeing to Canada

*Joe Blundo, Dispatch columnist*

The flood of American liberals sneaking across the border into Canada has intensified in the past week, sparking calls for increased patrols to stop the illegal immigration. The re-election of President Bush is prompting the exodus among left leaning citizens who fear they'll soon be required to hunt, pray and agree with Bill O'Reilly.

Canadian border farmers say it's not uncommon to see dozens of sociology professors, animal rights activists and Unitarians crossing their fields at night. When liberals are caught, they're sent back across the border, often wailing loudly that they fear retribution from conservatives. Rumors have been circulating about the Bush administration establishing re-education camps in which liberals will be forced to drink domestic beer, learn how to shoot a handgun and watch NASCAR.

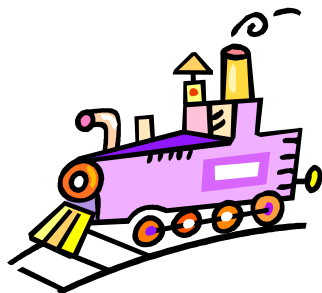
In the days since the election, liberals have turned to sometimes ingenious ways of crossing the border. Some have taken to posing as senior citizens on bus trips to buy cheap Canadian prescription drugs. After catching a half-dozen young vegans disguised in powdered wigs, Canadian immigration authorities began stopping buses and quizzing the supposed senior-citizen passengers. Many others were caught wearing Birkenstock sandals with young appearing feet in them—a dead giveaway. "If they can't identify the accordion player on The Lawrence Welk Show, we get suspicious about their age," an official said. Canadian citizens have complained that the illegal immigrants are creating an organic-broccoli shortage and renting all the good Susan Sarandon movies.

In an effort to ease tensions between the United States and Canada, Vice President Dick Cheney met with the Canadian ambassador and pledged that the administration would take steps to reassure liberals, a source close to Cheney said. "We're going to have some Peter, Paul & Mary concerts. And we might put some endangered species on postage stamps. The president is determined to reach out."

## All Aboard, Last Train to Ft. Worth

It's not too late! Herland is organizing a train trip to Ft. Worth the first weekend in December – the 4<sup>th</sup> and 5<sup>th</sup>. Amtrak tickets are \$46 roundtrip, and the train leaves OKC about 8:30 a.m. We will arrive in Ft. Worth about 12:30 pm, and can choose from any number of hotels downtown that are within walking distance. There are several world-class art museums and lots of good places to eat in the downtown area also. We will leave Ft. Worth around 5 pm on Sunday, and arrive back in OKC about 10 pm.

If you are interested, call us at 405-842-3206 and leave a message or better yet, email us at [herlandsisters@cox.net](mailto:herlandsisters@cox.net). You are responsible for making your own hotel and train reservations. If you would like to share a room, call or email and let us know quickly. We currently have a "show of interest" of about eight people, and the more the merrier.



## Native American Women

OKC Two-Spirit Society is having meetings for lesbian and bi-sexual women of Native American descent. Please call the OKC Two-Spirit Hotline number at (405) 317-7283 for information.

## BROOMWEED JOURNAL

Broomweed Journal is published twice a year in Cheyenne, OK. Unsolicited manuscripts of short fiction, creative non-fiction and essays of no more than 1500 words, and poems of no more than 60 lines will be considered. There may be exceptions, so ask. Submissions must be typewritten or printed and may be sent by e-mail or regular postal service. Submissions on floppy disk in Microsoft Word are preferred but not required. Simultaneous submissions are accepted as long as they are identified as such. Send inquiries to: [broomweed@sbcglobal.net](mailto:broomweed@sbcglobal.net). Deadline for Spring 2005 issue is February 1, 2005.

### Don't Forget to Support the Voice!

Your contribution is important! Just \$15 a year will help us pay for the \$300+ it costs every month to print and mail the newsletter.

Enclosed is a contribution for \$ \_\_\_\_\_

Please add me to the mailing list for The Voice.

Please change my address (new address below).

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## HERLAND EVENTS CALENDAR

### December

- **December 1-31:** Deborah Dukes Art Exhibit, *The Sober Truth*, continues all month at Herland.
- **December 4 & 5:** Herland Trip to Ft. Worth. Call 842-3206 for details and hotel information.
- **Monday, December 6:** OGLPC Monthly Meeting at the Center, 2135 NW 39th, 7 pm
- **Saturday, December 11:** Herland Hike at Martin Nature Park, 5000 W. Memorial, 10 am (optional coffee at Panera Bread, Memorial & McArthur, 9:30 am)
- **Saturday, December 11:** Herland Supper Club, Abuelo's, 3001 W. Memorial, 5:30 pm. Meet at Herland at 5:15 if you would like to carpool. Then back to Herland for game night.
- **Saturday, December 18:** Herland Video Night, 7 pm
- **Sunday, December 19:** Herland Board Meeting, 4 pm, everyone welcome
- **Wednesday, December 22:** Herland Scrabble Night—6 pm

### January

- **Saturday, January 1: New Year's Day Potluck**  
Bring a dish and come by Herland from 2-4 pm for black-eyed peas, cabbage and lots of other goodies.
- **Fridays, beginning January 8:** The L Word, First Season, 2 episodes each Friday night for 7 weeks, at Herland, 7 pm. \$3 per night or \$15 for the series.

### Holiday Craft Sale & Chili Contest

Saturday, Dec. 18

11 am to 4 pm

Plan to come by to enjoy the holiday cheer, eat some hot food, and buy some beautiful items that would be great Christmas presents. A chili cook off and doggie photos in holiday costumes will be part of the fun.

Church of the Open Arms, 3131 N Penn, 525-9555

The Voice is published monthly by Herland Sister Resources, Inc. 2312 NW 39th, Oklahoma City, OK 73112. The Voice is offered as an open forum for community discourse. Articles reflect the opinions of the author and not necessarily those of Herland Sister Resources. Unsolicited articles and letters to the editor are welcomed and must be signed by the writer with full name and address. Upon request, letters or articles may be printed under a pseudonym or anonymously. Subscriptions to The Voice are free upon request although a donation is requested to meet publication and distribution costs.

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## Saint Sybil

Dear St. Sybil,

I am downheartened, hurt and even frightened by the approval of the amendment banning same-sex marriage, not only in Oklahoma but in every state where it was on the ballot; and by such huge, hateful margins. I don't know whether to move to Canada or just hole up and look after myself instead of trying to change the world - I could use the time, I've got a novel or two I've been wanting to write. I suppose I could just get out there and fight louder and harder than ever for equal rights, but then people are saying the climate here today is an awful lot like it was in Germany in the early 1930's, and that's scary as all get-out. What to do, Syb?

Anxiously,

Mo Rose

Dear Mo,

*In 1968, both Martin Luther King Jr. and Bobby Kennedy were assassinated. Now that was a bad, scary time, and some people did leave the country in anger and disgust, and fright. They almost all came home again within a year or two. Home is home is home, and most people need to bloom where they are planted, no matter how arid the soil might be.*

*You should write your novel by all means, but not at the expense of any righteous work you are doing. And why exactly is anyone despairing over this recent setback? How long has the "gay rights movement" been rolling? If you go back to the Mattachine Society's formation around 1951, you've been working towards acceptance and equality for 53 years; and if you consider the movement to have really begun with the Stonewall Rebellion of 1969, it has only been thirty five years. It took 72 years, over twice that long, for Universal Suffrage giving women the right to vote to become the law of the land.*

*The Emancipation Proclamation was issued in 1863. Thirty-three years later, in 1896, the US Supreme Court issued their decision in Plessy v. Ferguson, upholding Jim Crow and the Separate But Equal doctrine. It was not until 1954 that the Supremes reversed that decision in Brown v. the Board of Education. That was ninety-one years after the Emancipation Proclamation. And the first major Civil Rights Bill was not passed until 1964, one hundred and one years after the proclamation.*

*So you folks living where you are on the time continuum are just going to have to hunker down and keep fighting. Why would you think it would be any easier and quicker for you than it was for the others? And you also need to realize that even after you win the legal battles, homophobia won't go pfff and disappear. Racism and sexism are still prevalent—make that rampant—in the land, and as long as there is a buck to be made or a feeling of superiority to be gained from it, homophobia will never entirely fade either. Still, you can—and will—make it socially unacceptable to be openly homophobic, and if you keep working at it, one day the gender of the bride and groom will be as irrelevant as their race is today.*

*About the Nazi Germany climate worry, it's true; humans are capable of anything when they are mesmerized by evil leaders. Be vigilant.*

*And above all, don't forget to dance.*

*Peace & Love,*

*Sybil*



### Special Showing of the L word

Herland has the complete first season of the L word on DVD and will be showing it at Herland beginning Friday, January 8, 2005. We will show two episodes each Friday evening for 7 weeks ending on February 19. The Showtime series focuses on the lives, careers and romantic relationships (gay and straight) of a group of women in Los Angeles. The L word kicks off its second season on February 20th at 9 pm.

This is a fundraising event and the cost will be \$3 per night or \$15 for the whole series. In addition, the box DVD set will be given away on the last night of the showing (Feb. 19). Each ticket you buy will enter you in the drawing for the DVD set. (If you buy the series for \$15, you will get 7 tickets for the drawing.) So join us as we watch the first season of the L word at Herland.

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### Animal Friendly License Plates

The Oklahoma Legislature has authorized a special Animal Friendly license plate provided that 100 paid applications are received within 180 days after July 1, 2004. If 100 prepaid applications are not received by the Oklahoma Motor Vehicle Division by Dec. 28, 2004, money will be returned to the applicants and the tag offer will be cancelled. The plate costs \$35 in addition to regular tag fees with \$20 of that going to spay/neuter projects, giving priority to areas of greatest need.

The tag will contain wording to indicate that spaying and neutering of pets stops overpopulation. Hence, every vehicle that bears the tag will become a rolling billboard with that important message. Oklahomans may obtain an application by calling the Special Plate Section of the Oklahoma Motor Vehicle Division at 405-521-2468, or you can download at <http://www.oktax.state.ok.us/oktax/mvforms/708-E.pdf>. A great choice for your own car or for a Chanukah/Christmas/Solstice present for a loved one! Help control the dog and cat overpopulation problem with this simple gift.

**2004-2005 College Women's Basketball Home Games**  
**Central Oklahoma Colleges -- NCAA and NAIA**

Langston University (LU)			Oklahoma City University			St. Gregory's University		
12/1/04	OCU	TBA	11/6/04	Huston Tillotson	6:00 P.M.	11/1/04	Paul Quinn	6:00 P.M.
12/4/04	TAMU	5:30 P.M.	11/13/04	Texas College	6:00 P.M.	11/3/04	Hastings College	6:00 P.M.
12/6/04	UTPB	5:30 P.M.	1/6/05	Oklahoma Christian Univ	6:00 P.M.	1/6/05	Oklahoma Baptist Univ	6:00 P.M.
12/8/04	NWOSU	6:00 P.M.	1/10/05	St. Gregory's University	6:00 P.M.	1/15/05	NW Oklahoma State Univ	6:00 P.M.
1/6/05	Park College	7:00 P.M.	1/13/05	University of S&A of Ok	6:00 P.M.	1/20/05	Lubbock Christian Univ	6:00 P.M.
1/8/05	Houston Baptist	5:30 P.M.	1/15/05	Southern Nazarene Univ	6:00 P.M.	1/22/05	Wayland Baptist Univ	6:00 P.M.
1/10/05	HTC	5:30 P.M.	1/20/05	Wayland Baptist Univ	6:00 P.M.	1/27/05	John Brown University	6:00 P.M.
1/13/05	Bacone	5:30 P.M.	1/22/05	Lubbock Christian Univ	100 P.M.	2/5/05	Oklahoma Christian Univ	6:00 P.M.
1/22/05	Wiley College	5:30 P.M.	1/29/05	John Brown University	6:00 P.M.	2/7/05	Oklahoma City University	6:00 P.M.
1/24/05	Jarvis College	5:30 P.M.	2/10/05	Oklahoma Baptist Univ	6:00 P.M.	2/10/05	Southern Nazarene Univ	6:00 P.M.
2/5/05	TWU	5:30 P.M.	2/19/05	NW Oklahoma State Univ	6:00 P.M.	2/17/05	University of S&A of Ok	6:00 P.M.
2/7/05	Texas College	5:30 P.M.						
2/19/05	Paul Quinn	5:30 P.M.	Oklahoma State University			Southern Nazarene University		
2/21/05	S&U	5:00 P.M.	11/8/04	Northwest Sports Tour	7:00 P.M.	11/5/04	SHU Classic	8:00 P.M.
			11/15/04	Oklahoma Flyers	7:00 P.M.	11/6/04	SHU Classic	8:00 P.M.
			11/20/04	Nicholls State	2:00 P.M.	11/12/04	SW&BU	6:00 P.M.
			11/23/04	New Mexico	5:00 P.M.	11/23/04	OCU	6:00 P.M.
			11/30/04	Wichita State	7:00 P.M.	12/3/04	Westminster	6:00 P.M.
			12/5/04	Arkansas Tech	6:00 P.M.	12/4/04	HBU	6:00 P.M.
			12/20/04	Texas Southern	7:00 P.M.	12/18/04	Evangel	6:00 P.M.
			12/30/04	South Dakota State	2:00 P.M.	1/8/05	St. Gregory's University	6:00 P.M.
			1/2/05	Texas-Ran American	2:00 P.M.	1/20/05	University of S&A of Ok	6:00 P.M.
			1/8/05	Texas Tech	4:00 P.M.	1/22/05	Oklahoma Baptist Univ	6:00 P.M.
			1/12/05	Texas A&M	7:00 P.M.	2/3/05	Oklahoma City University	6:00 P.M.
			1/22/05	Colorado	6:00 P.M.	2/5/05	NW Oklahoma State Univ	6:00 P.M.
			1/29/05	Baylor	2:00 P.M.	2/7/05	Oklahoma Christian Univ	6:00 P.M.
			2/1/05	Nebraska	7:00 P.M.	2/12/05	John Brown University	6:00 P.M.
			2/9/05	Kansas	7:00 P.M.	2/17/05	Lubbock Christian Univ	6:00 P.M.
			2/19/05	Texas	7:00 P.M.	2/19/05	Wayland Baptist Univ	6:00 P.M.
			3/3/05	Oklahoma	7:00 P.M.			
			University of Oklahoma			University of Central Oklahoma		
			11/4/04	Basketball Travelers	7:00 P.M.	11/19/04	Missouri Southern	8:00 P.M.
			11/11/04	Oklahoma Christian Univ	7:00 P.M.	11/20/04	Central Arkansas	3:00 P.M.
			11/19/04	Southeast Missouri St	7:00 P.M.	12/9/04	Angelo State	6:00 P.M.
			11/21/04	Texas State	2:00 P.M.	12/11/04	Ablene Christian	4:00 P.M.
			12/2/04	Lamar	7:00 P.M.	1/13/05	Midwestern State	6:00 P.M.
			12/11/04	Southwest Missouri	100 P.M.	1/15/05	Texas Woman's	7:00 P.M.
			12/29/04	Henderson State	7:00 P.M.	1/18/05	Northeastern State	6:00 P.M.
			1/9/05	Texas A&M	2:00 P.M.	1/29/05	Southwestern Oklahoma	4:00 P.M.
			1/19/05	Oklahoma State	7:00 P.M.	2/5/05	Southeastern Oklahoma	4:00 P.M.
			1/26/05	Texas	7:00 P.M.	2/12/05	Tarleton State	6:00 P.M.
			1/29/05	Iowa State	7:00 P.M.	2/17/05	Cameron	6:00 P.M.
			2/9/05	Baylor	7:00 P.M.	2/24/05	East Central	6:00 P.M.
			2/13/05	Kansas State	2:00 P.M.			
			2/19/05	Missouri	4:00 P.M.	Univ. of Science & Arts of Oklahoma		
			2/23/05	Texas Tech	7:00 P.M.	11/3/04	Langston University	6:00 P.M.
						11/11/04	Texas Wesleyan	6:00 P.M.
						1/6/05	Lubbock Christian Univ	6:00 P.M.
						1/8/05	Wayland Baptist Univ	6:00 P.M.
						1/10/05	NW Oklahoma State Univ	6:00 P.M.
						1/15/05	Oklahoma Christian Univ	6:00 P.M.
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						2/5/05	Oklahoma City University	6:00 P.M.
						2/19/05	Oklahoma Baptist Univ	6:00 P.M.
						2/24/05	John Brown University	6:00 P.M.
						2/26/05	Southern Nazarene Univ	6:00 P.M.

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